

# Programs organized/Achievements School of Studies in Physical Education Pt. Ravishankar Shukla University 2018-19

## Program/ Achievement-1

**National Seminar on “उन्नत जीवन के लिए योग”.**

Swami Vivekananda Chair and S.O.S in Physical Education Pt. R. S. U Raipur jointly organized Yoga Workshop from 27<sup>th</sup> to 29<sup>th</sup> August, 2018 on the theme “mUur thou ds fy, ;ksx”.



Honorable Vice Chancellor, Dr. Keshari Lal Verma during inauguration of workshop



Guests during inauguration of workshop



Yogic Session during workshop

## **Program/ Achievement -2**

### **National Sports day**

National Sports day was organized by SOSPE on 29/08/2018. Honorable Vice Chancellor, Pt. R. S. U. inaugurated the celebration. Twelve teams in “Boys” category and eight teams in “Girls” category from different colleges affiliated to Pt. R. S. U. & Hemchand Yadav University participated.



**Honorable VC Pt .R. S. U. during inauguration of National Sports Day Celebration on  
29/08/2018**



**Participating Teams**



**Honorable VC Pt .R. S. U. during introduction of teams**

## **Program/ Achievement -3**

### **Talk on spirituality**

On 13<sup>th</sup> November, experts of BKS delivered a talk on spirituality in School of Studies in Physical Education.



**Lecture on Spirituality by BKS**

## **Program/ Achievement -4**

### **2<sup>nd</sup> One Day Workshop on “Data Analysis” with Sub theme-Application of different types of ANOVA in Social Science, Business and Scientific Researches**

The second one day workshop on Data Analysis was held on November 16, 2018 in School of Studies in Physical Education, Pt. Ravi Shankar Shukla University, Raipur. The workshop was started with the registration of the participants, issuing of kits. The inauguration session was graced by Dr. Keshari Lal Verma, Honorable, Vice Chancellor, Pt. Ravi Shankar Shukla University, Raipur. Sessions were emphasized on various types of ANOVA (Analysis of Variance). ANOVA techniques were started by one-way ANOVA and followed by two-way ANOVA, factorial design, ANOVA with blocking variable, ANOVA with replication, ANOVA without replication. The post-lunch session was highlighted on repeated measure ANOVA, within-within ANOVA, between-between ANOVA, within-between ANOVA, ANCOVA. On the demand of participants some pivotal concepts of Research Methodology were discussed.

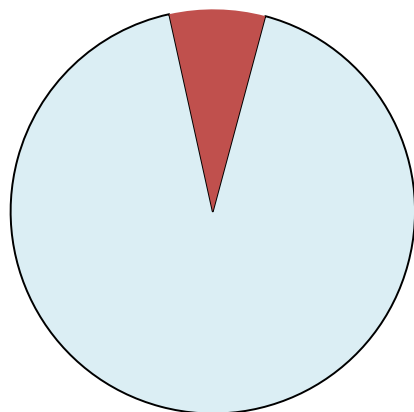


**Participants of Workshop**



**Session during Workshop**

**Overall Satisfaction of participants on the basis of feedback  
(2nd One day workshop on Data Analysis, November 16,  
2018)**



□ Satisfaction level (92.38 %)

## Program/ Achievement -5

### Invited Lecture

Dr. Uma Shankar Tripathi, Sports Officer, Department of Sports, Government College Bhitwar, Gwalior (M.P), delivered an invited lecture entitled “**Yoga Nidra**” on 29<sup>th</sup> January 2019 in School of Studies in Physical Education. He also conducted a practical session on “Yoga Nidra”.



**Session on “Yoga Nidra” by Dr. Uma Shankar Tripathi**



## **Program/ Achievement -6**

### **Public Outreach Lecture**

SOSPE, Pt. R. S. U. organized Public Outreach Lecture on “Rejuvenation through Aerobics”, 25<sup>th</sup> April, 2019. Prof. Manika Debnath delivered lecture.



Honorable Vice Chancellor, Dr. Keshari Lal Verma and invited guest (Prof. Manika Debnath) during Public Outreach Lecture

## Program/ Achievement -7

### Workshop on Aerobics

S.O.S in Physical Education, Pt. R. S. U Raipur organized Workshop from 26<sup>th</sup> to 29<sup>th</sup> April, 2019 on the theme “**Aerobics**”.





Honorable Vice Chancellor, Dr. Keshari Lal Verma and Resource Person Prof. Manika Debhnath (Retd. Professor, LNIPE, Institute under Ministry of Youth Affairs and Sports, Government of India) with the participants of workshop

## Program/ Achievement -8


Following students qualified NET/SET examination (2018-19):

S. No.	Name	Examination	
1.	Pradeep Bharti	NET	
2.	Mahendra Rajak	NET & SET	
3.	Shekhar Bandhe	SET	
4.	Jyoti Tirkey	SET	

5.	Omeshwari Tekam	SET	
6.	Virendra Kumar Jangde	SET	

## Program/ Achievement -9


Following students employed on different positions (2018-19):

S. No.	Name	Organization	
1.	Roop Singh Sonwani	Central Railway	
2.	Dharmendra Janghel	Chhattisgarh Armed Force	
3.	Jyant Sahu	Chhattisgarh Police	

4.	Bemin Nishad	Chhattisgarh Armed Force	 A portrait photograph of a young woman with dark hair pulled back, wearing a blue and white checkered shirt. She is looking directly at the camera with a neutral expression.
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## Program/ Achievement -10





### Sports Achievements of SOSPE

S. No.	Name	Game	Competition	Venue	Date/s	
1.	Chandra Prakash	Hockey	East Zone Intersity Hockey Championship	KIIT University, Bhubaneswar	17 <sup>th</sup> to 18 <sup>th</sup> October, 2018	
2.	Nishbat Siddiqui	Hockey	East Zone Intersity Hockey Championship	KIIT University, Bhubaneswar	17 <sup>th</sup> to 18 <sup>th</sup> October, 2018	
3.	Damini Singh	Hockey	East Zone Intersity Hockey Championship	KIIT University, Bhubaneswar	17 <sup>th</sup> to 18 <sup>th</sup> October, 2018	
4.	Nisha Nagvanshi	Hockey	East Zone Intersity Hockey Championship	KIIT University, Bhubaneswar	17 <sup>th</sup> to 18 <sup>th</sup> October, 2018	

5.	KhileshKumar	Kho-Kho	East Zone Intersity Kho-Kho Championship	Utkal University, Ujjain	19 <sup>th</sup> to 22 <sup>nd</sup> November, 2018	
6.	Garima Sahu	Yoga	Open National Yoga Championship	Ujjain	14 <sup>th</sup> to 16 <sup>th</sup> September, 2018	
7.	Pooja Kushwaha	Ball Badminton Taekwondo	All India University Championship  All India University Championship	Krishna University, Vijayawada MDU, Rohtak	09 <sup>th</sup> to 13 <sup>th</sup> January, 2019  12 <sup>th</sup> to 19 <sup>th</sup> March, 2019	
8.	Kritika Adil	Ball Badminton	All India University Championship	Krishna University, Vijaywada	09 <sup>th</sup> to 13 <sup>th</sup> January, 2019	











9.	Rameshwari	Kho-Kho	East Zone Intersivity Kho-Kho Championship	Utkal University, Ujjain	19 <sup>th</sup> to 22 <sup>nd</sup> November, 2018	
10.	Roshan Patel	Yoga	37 <sup>th</sup> Open National Yoga Championship	Ujjain	20 <sup>th</sup> to 30 <sup>th</sup> December 2018	
11.	Mala Thakur	Karate	Shotokai Inter Continental Karate Championship	Punjab	01 <sup>st</sup> to 04 <sup>rt</sup> November, 2018	
12.	Chitralekha	Athletics (800 miter) (Cross Country)	All India Intersivity Athletics Championship All India Intersivity Athletics Championship	Manglore University, Manglore Gulbarga University, Karnataka	24 <sup>th</sup> to 28 <sup>th</sup> November, 2018 04 <sup>th</sup> October, 2018	
13.	Tulsi Sahu	Hockey	East Zone Intersivity Hockey Championship	KIIT University, Bhubaneswar	17 <sup>th</sup> to 18 <sup>th</sup> October, 2018	

14.	Shilpa Gyarasiya	Kho-Kho	East Zone Intersity Kho-Kho Championship	KIIT University, Bhubaneswar	14 <sup>th</sup> to 18 <sup>th</sup> November, 2018	
15.	Chandani Raigar	Kho-Kho	East Zone Intersity Kho-Kho Championship	KIIT University, Bhubaneswar	14 <sup>th</sup> to 18 <sup>th</sup> November, 2018	
16.	Nilesh Dewangan	Karate	Open National Championship	Amritsar	01 <sup>st</sup> to 04 <sup>rt</sup> November, 2018	
17.	Abinash Kumar	Cricket Cricket	BCCI Vizzy Trophy  East Zone Intersity Cricket Championship	Gwalior  Cuttak University, Cuttak	17 <sup>th</sup> to 23 <sup>rd</sup> March, 2019 05 <sup>th</sup> to 23 <sup>rd</sup> January, 2019	

18.	Chandrakant Bagde	Judo	All India Intersarsity Judo Championship	Amritsar	27 <sup>th</sup> to 29 <sup>th</sup> December, 2018	
19.	Priyanka Srivastav	Kabaddi	East Zone Intersarsity Kabaddi Championship	KIIT University, Bhubaneswar	30 <sup>th</sup> October, to 4 <sup>th</sup> November, 2019	
20.	Heena Afroz	Kabaddi	East Zone Intersarsity Kabaddi Championship	KIIT University, Bhubaneswar	30 <sup>th</sup> October, to 4 <sup>th</sup> November, 2019	
21.	Aman Kumar Yadav	Hockey	East Zone Intersarsity Hockey Championship	KIIT University, Bhubaneswar	17 <sup>th</sup> to 18 <sup>th</sup> October, 2018	

22.	Kusum Kumari Saw	Ball Badminton	All India University Championship	Krishna University, Vijaywada	09 <sup>th</sup> to 13 <sup>th</sup> January 2019	
23.	Ramin Nishad	Athletics (800 miter) (Cross Country)	All India Intersity Athletics Championship All India Intersity Athletics Championship	Manglore University, Manglore Gulbarga University, Karnataka	24 <sup>th</sup> to 28 <sup>th</sup> November, 2018 04 <sup>th</sup> October, 2018	
24.	Shrwan Singh Yadav	Athletics (Cross Country)	All India Intersity Athletics Championship	Gulbarga University, Karnataka	04 <sup>th</sup> October, 2018	
25.	Vikas Kumar Patel	Hockey	East Zone Intersity Hockey Championship	KIIT University, Bhubaneswar	17 <sup>th</sup> to 18 <sup>th</sup> October, 2018	

26.	Dheeraj Kumar Pandey	Yoga	All India Intersarsity Yoga Championship	University of Madras, Kanchipuram	01 <sup>st</sup> to 10 <sup>th</sup> February, 2019	
27.	Ladli Khiladi	Kho-Kho Hockey	East Zone Intersarsity Kho-Kho Championship East Zone Intersarsity Hockey Championship	KIIT University, Bhubaneswar KIIT University, Bhubaneswar	14 <sup>th</sup> to 18 <sup>th</sup> November, 2018 17 <sup>th</sup> to 18 <sup>th</sup> October, 2018	
28.	Deepak Kola	Kho-Kho	East Zone Intersarsity Kho-Kho Championship	KIIT University, Bhubaneswar	14 <sup>th</sup> to 18 <sup>th</sup> November, 2018	
29.	Manpreet Kaur Bhatia	Badminton	East Zone Intersarsity Badminton Championship	KIIT University, Bhubaneswar	16 <sup>th</sup> to 21 <sup>st</sup> October, 2018	
30.	Rajshree Sahu	Hockey	East Zone Intersarsity Hockey Championship	KIIT University, Bhubaneswar	17 <sup>th</sup> to 18 <sup>th</sup> October, 2018	

31.	Sarda Devdas	Cricket	East Zone Intersivity Cricket Championship	Bihar	21 <sup>st</sup> to 30 <sup>th</sup> December, 2018	
32.	Chhotan Prasad	Hockey	East Zone Intersivity Hockey Championship	KIIT University, Bhubaneswar	17 <sup>th</sup> to 18 <sup>th</sup> October, 2018	
33.	Vinod Pal	Yoga	All India Intersivity Yoga Championship	University of Madras, Kanchipuram	01 <sup>st</sup> to 10 <sup>th</sup> February, 2019	

## **Program/ Achievement -11**

### **Mentor Training Program (MTP)**

Prof. Reeta Venugopal attended 21 weeks Mentor Training Program (MTP) based on online learning activities, a two-week face-to-face learning residency held at University of Victoria, Canada from 13th to 28th October 2018 and a field work component. on Community Based Participatory Research, an educational program developed by the Knowledge for Change (K4C) Consortium which is an initiative of the UNESCO Chair in Community-Based Research and Social Responsibility in Higher Education, under University of Victoria, Canada and PRIA, India.



**Prof. Reeta Venugopal during Mentor Training Program (MTP)**

## Program/ Achievement -12

### Publications by Prof. Reeta Venugopal (2018-19)

S. No.	Details of Published Work	
	Name of Journal & Publication	Title of Published Work
1.	IOSR Journal of Humanities and Social Science (IOSR-JHSS)	A Comparative study of Anthropometric variable and Physical Fitness variables of residential and non- residential tribal players of Bastar, Chhattisgarh, India
2.	International Journal of Physiology, Nutrition and Physical Education	Effect of eight weeks proprioceptive training program on dynamic postural stability of male kho - kho players using star excursion balance test (SEBT)
3.	International Journal of basic and applied research	<u>Anthropometric and Psychological Factor Discriminating Diabetic and Non Diabetic Healthy Population</u>
4.	International Journal of research in Social Science	Nutritional Status and utilization of Antenatal Health Care Services Among the Baiga Women of Chhattisgarh
5.	Research Journal of Pharmacy and Technology (RJPT)	A study of Anthropometric and Psychological discriminating factors of hypertension
6.	International Journal of Scientific Research and Reviews	Comparative Study of Pre Menstrual Syndrome in Sports Women and Non-Sports Women of different age group



## **Program/ Achievement -13**

### **Keynote Address by Prof. C. D. Agashe (2018-19)**

1. Prof. C. D. Agashe delivered Keynote address in 3<sup>rd</sup> National Conference on Self Employability, Skill Development in Physical Education & Sports Sciences on 13<sup>th</sup> December, Amravati, 2018.
2. Prof. C. D. Agashe delivered Keynote address International Conference on “Sports Psychology and Yogic Science, 16<sup>th</sup> and 17<sup>th</sup> February, 2019 conducted by Dr. Ambedkar College, Nagpur, Maharashtra.

## **Program/ Achievement -14**

### **Invited Lecture by Prof. C. D. Agashe (2018-19)**

1. Prof. C. D. Agashe delivered a Lecture in workshop on 11<sup>th</sup> February, VIPRA Arts, Commerce and Physical Education, College, Raipur, Chhattisgarh.
2. Prof. C. D. Agashe conducted a workshop on “Upgrading the AKFI and State kabbadi officials”, in association with sports and youth welfare department, CG Government and Chhattisgarh Kabbaddi Sangh. C.V.Raman University Bilaspur, 14-15 June 2018.

## Program/ Achievement -15

Publications by Prof. C. D. Agashe (2018-19)

S. No	Details of Published Work	
	Name of Journal & Publication	Title of Published Work
7.	International Journal of Physiology, Nutrition and Physical Education	A comparative study of depression in elderly males and females residing in old age home in Chhattisgarh
8.	International Journal of Physiology, Nutrition and Physical Education	Evaluation of superstitious behaviour in elite male sportsperson
9.	Review of Research	Comparison of pommel horse routines among male gymnasts on the basis of their brain hemisphere dominance
10.	International Journal of Physiology, Nutrition and Physical Education	Effect of Time Pressure on Shooting Skills of Male Archers
11.	International Journal of Yogic, Human Movement and Sports Sciences	A Study of Shooting Performance of Female Archers in Relation to Time Pressure
12.	Review of Research	An experimental study on depression in geriatric female population: with reference to physical exercise program
13.	Review of Research	A Comparative Study Of Mental Toughness Among Male Fencers With Reference To Their Sports Achievements

## **Program/ Achievement -16**

### **Honor of Fellowship**

On 26<sup>th</sup> July, 2018, Dr. Rajeev Choudhary of SOSPE received “Honor of Fellowship”, from Prof. V. K. Shukla, Director, Institute of Medical Sciences, BHU; Prof. Premvati Tiwari, Former Dean, Faculty of Ayurveda, IMS, BHU; Dr. Y. B. Tripathi, Dean, Faculty of Ayurveda, IMS, BHU; & Prof. K. N. Singh, Head, Department of Rachna Sharir, Faculty of Ayurveda, IMS, BHU, International Conference on “Present, Past & Future of AYUSH Education and Research” organized by Department of Rachna Sharir, Faculty of Ayurveda, Institute of Medical Sciences, BHU.



**Receiving Honor of Fellowship from Guests, IC, IMS, BHU (26/07/18)**

## Program/ Achievement -17

### Key Note Lecture in International Conference

Dr. Rajeev Choudhary of SOSPE delivered a Key Note Lecture on 26<sup>th</sup> July, 2018 on the Topic “Candid Opinion about the rejuvenation through Yoga” in International Conference on “Present, Past and Future of AYUSH Education and Research” organized by Department of Rachna Sharir, Faculty of Ayurveda, Institute of Medical Science, Banaras Hindu University, Varanasi.



Keynote Address during International Conference, IMS, BHU (26/07/2019)

## Program/ Achievement -18

### Key Note Lecture in International Conference

Dr. Rajeev Choudhary of SOSPE delivered a lecture on the title “Candid opinion about yogic sciences for rejuvenation and spiritual development” in International Conference on “Olympics and Indian Values in Global Context” organized by KMC, University of Delhi, Delhi on 27/09/18.



Invited Lecture in International Conference, KMC, University of Delhi (27/09/18)

## Program/ Achievement -19

### Invited Lecture

Dr. Rajeev Choudhary of SOSPE delivered two Guest Lectures on 23<sup>rd</sup> & 24<sup>th</sup> July, 2018 in National Workshop on “Teaching and Research Methodology” organized by Department of Rachna Sharir, Faculty of Ayurveda, Institute of Medical Science, Banaras Hindu University, Varanasi, U.P.



Lecture during “National Workshop”, IMS, BHU, Varanasi (23/07/2018)

## Program/ Achievement -20

### Invited Lecture

Dr. Rajeev Choudhary of SOSPE delivered two lectures as a resource person in Pharmacy Council of India, New Delhi Sponsored Continuing Education Program on New Frontiers for Teaching, Learning & Research in Digital Age, organized by University Institute of Pharmacy, Pt. Ravishankar Shukla University from 6<sup>th</sup> to 8<sup>th</sup> September, 2018.



Lecture during “Continuing Education Program”, IoP, Pt. RSU, Raipur (06/09/2018)



## Program/ Achievement -21

### Invited Lecture

Dr. Rajeev Choudhary of SOSPE delivered six lectures as a resource person in Workshop on “Use of Statistical Software in Biological Research” from 8<sup>th</sup> to 10<sup>th</sup> September, 2018, , organized by Department of Zoology, Institute of Science, Banaras Hindu University, Varanasi, U.P.



Lecture during “Workshop”, DoZ, IoS, BHU, Varanasi (08/09/18)

## Program/ Achievement -22

### Invited Lecture

Dr. Rajeev Choudhary of SOSPE delivered two invited lectures on September 26<sup>th</sup>, 2018 in Department of Physical Education, Chaudhary Ranbir Singh University, Jind, Haryana.



Invited Lecture, DoPE, CRSU, Jind (26/09/2018)

## Program/ Achievement -23

### Invited Lecture

Dr. Rajeev Choudhary of SOSPE delivered two invited lectures on September 26<sup>th</sup>, 2018 in National Institute of Technology (NIT), Kurukshetra, Haryana.

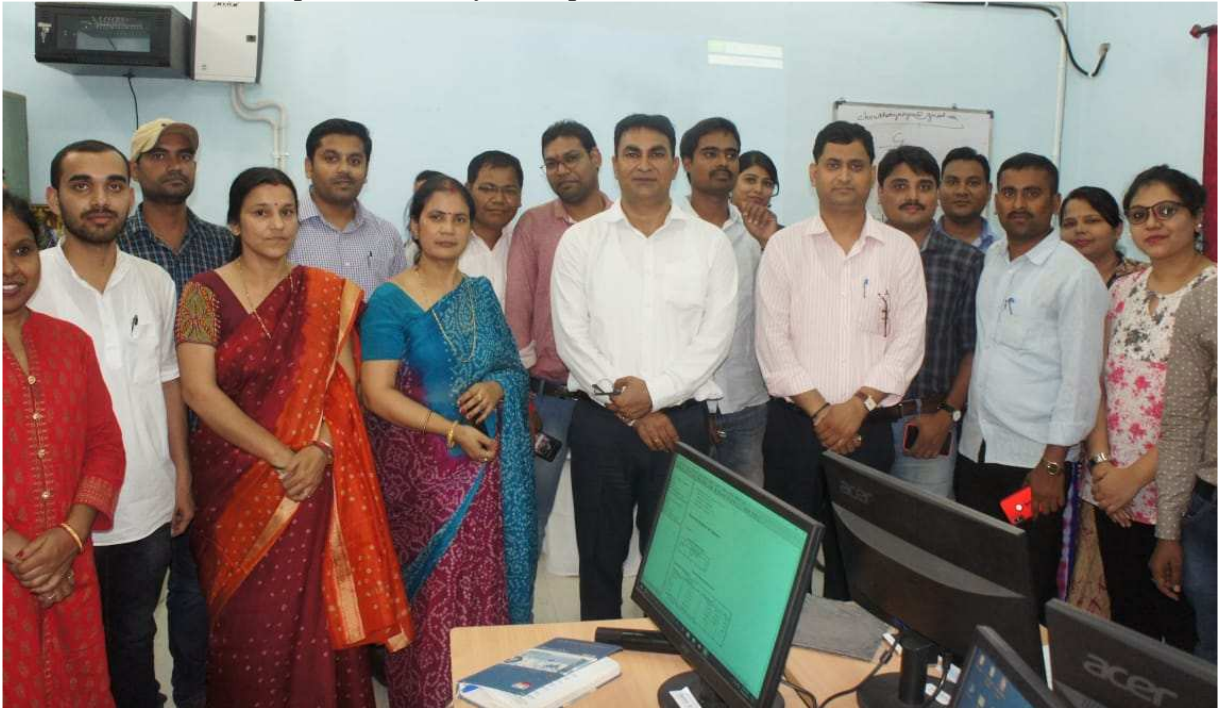


Invited Lecture, NIT, Kurukshetra (26/09/2018)

## Program/ Achievement -24

### Invited Lecture

Dr. Rajeev Choudhary of SOSPE delivered two lectures as a resource person on September 30<sup>th</sup>, 2018 10 days ICSSR National Workshop on SPSS (Sponsored by ICSSR, New Delhi), organized by Pandit Sundarlal Sharma (Open) University, Bilaspur, C.G.



Lecture during “National Workshop”, PSSOU, Bilaspur (30/09/2018)

## Program/ Achievement -25

### Invited Lecture

Dr. Rajeev Choudhary of SOSPE delivered a two hours invited lecture on December 31<sup>st</sup>, 2018 in University College of Education, Osmania University, Hyderabad.



Invited Lecture, COE, OUU, Hyderabad (31/10/2018)

## Program/ Achievement -26

### Invited Lecture

Dr. Rajeev Choudhary of SOSPE conducted two sessions in “Two days State Level Seminar on Yoga” on 29<sup>th</sup> and 30<sup>th</sup> January, 2019 conducted by Vipra Arts, Commerce and Physical Education College, Raipur, CG.



Lecture during “State Level Workshop, VACPEC, Raipur (29/01/2019)

## Program/ Achievement -27

### Invited Lecture

Dr. Rajeev Choudhary of SOSPE delivered an invited lecture on January, 25<sup>th</sup>, 2019 in Rustam Institute of Technology, BSF Academy, Tekenpur, M.P.



Invited Lecture, RIT, Tekenpur (25/01/2019)

## Program/ Achievement -28

### Invited Lecture

Dr. Rajeev Choudhary of SOSPE delivered a lecture as a resource person on February 14<sup>th</sup>, 2019 in State Level Workshop on “Innovative Techniques of Research and Methodology”, organized by Pt. Harishankar Shukla Smriti Mahavidyalaya, Raipur, C.G.



Lecture during “State Level Workshop, Pt. HSSM, Raipur (29/01/2019)



## **Program/ Achievement -29**

### **Invited Lecture**

Dr. Rajeev Choudhary of SOSPE delivered six lectures as a resource person in Workshop under Pandit Madan Mohan Malviya National Mission on Teachers and Teaching (PMMMNTT) scheme of MHRD on “First Aid, Physiotherapy and Yoga”, organized by Department of Physical Education, Guru Ghasidas Vishwavidyalaya, Bilaspur, C.G. on 02/03/2019.



Lecture during “Workshop,DPE, GGU, Bilaspur (02/03/2019)

## Program/ Achievement -30

### Invited Lecture

Dr. Rajeev Choudhary of SOSPE delivered two lectures as a resource person in 5<sup>th</sup> National Workshop on “Trends & Techniques in Chronobiology” organized by School of Life Science, Center for Translational Chronobiology, Pt. Ravishankar Shukla University from 2-8 March, 2019.



Lecture during “National Workshop”, CTC, SOSLS, Pt. RSU, Raipur (08/03/2019)

## Program/ Achievement -31

### Invited Lecture

Dr. Rajeev Choudhary of SOSPE delivered five lectures as a resource person in UGC SAP DRS-1 Workshop on “Recent trends in Research and Applied Statistics” on 10/03/2019 & 11/03/2019 organized by School of Physical Education, Devi Ahilya Vishwavidyalaya, Indore, M.P.



Lecture during “UGC SAP DRS-1 Workshop”, DAVV, Indore (10/03/2019)

## Program/ Achievement -32

### Invited Lecture

Dr. Rajeev Choudhary of SOSPE delivered three lectures as a resource person on 07/03/2019 in Faculty Development Program on “Facilitation of Academic Leaders new Paradigm for Capacity Building”, organized by Swami Shri Swaroopanand Saraswati Mahavidyalaya, Hudco, Bhilai, C.G.



Lecture during “FDP”, DAVV, SSSSM, Hudco (07/03/2019)

## Program/ Achievement -33

### Invited Lecture

Dr. Rajeev Choudhary of SOSPE delivered eleven lectures as a resource person in National Workshop on “Research Methodology & Statistical Applications in Humanities” from 30<sup>th</sup> March to 1<sup>st</sup> April, 2019, organized by Department of Physical Education, Swami Vivekanand Subharti University, Meerut, U.P.



Lecture during “National Workshop”, SVSU, Meerut (30/03/2019)

## Program/ Achievement -34

### Invited Lecture

Dr. Rajeev Choudhary of SOSPE conducted 3 yoga sessions and delivered one lecture on “Yoga” as a resource person in Manipal University, Jaipur from 17<sup>th</sup> to 19<sup>th</sup> April, 2019.



During “Yoga Session”, Manipal University, Jaipur (17/04/2019)

## **Program/ Achievement -35**

### **Invited Lecture**

Dr. Rajeev Choudhary of SOSPE Participated in Conclave on: Sports, Society and Industries-Connect-2019, Manipal University, Jaipur, 18<sup>th</sup> April, 2019.



During Conclave on “Sports, Society and Industries- Connect-2019”, Manipal University, Jaipur  
(18/04/19)

## Program/ Achievement -36

### Invited Lecture

Dr. Rajeev Choudhary of SOSPE delivered an invited lecture on “Rejuvenation and Stress Management through Pranayama and Meditation” as a resource person in JECRC University, Jaipur on 19<sup>th</sup> April, 2019.



During Invited lecture in JECRC University, Jaipur (19/04/2019)



## **Program/ Achievement -37**

### **Invited Lecture**

Dr. Rajeev Choudhary of SOSPE delivered an invited lecture as a resource person in Faculty Development Program (FDP) conducted by Department of Electrical Engineering, SSTC, SSIMS on 11/06/2019.

## **Program/ Achievement -38**

### **Invited Lecture**

Dr. Rajeev Choudhary of SOSPE delivered six invited lectures as a resource person in PCP Program of PGDYP on 16<sup>th</sup> and 18<sup>th</sup> June, 2019 conducted by Dr. Harisingh Gaur University, Sagar, MP.

## **Program/ Achievement -39**

### **Invited Lecture**

Dr. Rajeev Choudhary of SOSPE delivered two invited lectures as a resource person in the workshop on “Yoga for Holistic Approach” on 17<sup>th</sup> and 18<sup>th</sup> June, 2019 conducted by Department of Yoga Education, Dr. Harisingh Gaur University, Sagar, MP.

## **Program/ Achievement -40**

### **Invited Lecture**

Dr. Rajeev Choudhary of SOSPE conducted a lecture in “Workshop on Utility of Research and Sports Medicine in Physical Education” 30<sup>th</sup> June, 2019 conducted by Vipra Arts, Commerce and Physical Education College, Raipur, CG.

## **Program/ Achievement -41**

### **Invited Lectures in UGC HRDCs**

1. Dr. Rajeev Choudhary of SOSPE delivered four lectures in 80<sup>th</sup> Orientation Course conducted by UGC, HRDC, Banaras Hindu University on 24/07/18 and 25/07/18.
2. Dr. Rajeev Choudhary of SOSPE delivered four lectures in 81<sup>st</sup> Orientation Course conducted by UGC, HRDC, Banaras Hindu University on 17/11/18 and 14/12/18.
3. Dr. Rajeev Choudhary of SOSPE delivered two lectures in 22<sup>nd</sup> Orientation Course conducted by UGC, HRDC, Guru Ghasidas Vishwavidyalaya, Bilaspur on 11/08/2018.
4. Dr. Rajeev Choudhary of SOSPE delivered two lectures in 23<sup>rd</sup> Orientation Course conducted by UGC, HRDC, Guru Ghasidas Vishwavidyalaya, Bilaspur on 28/12/2018.
5. Dr. Rajeev Choudhary of SOSPE delivered four lectures in Refresher Course conducted by UGC, HRDC, Pt. Ravishankar Shukla University, Raipur on 07/07/18 & 12/07/18.
6. Dr. Rajeev Choudhary of SOSPE delivered four lectures in Orientation Course conducted by UGC, HRDC, Pt. Ravishankar Shukla University, Raipur on 09/07/18 & 21/07/18.
7. Dr. Rajeev Choudhary of SOSPE delivered six lectures in Refresher Course conducted by UGC, HRDC, Pt. Ravishankar Shukla University, Raipur on 16/01/19, 28/01/19 & 07/02/19.
8. Dr. Rajeev Choudhary of SOSPE delivered three invited lectures in Faculty Development Training Programme on 22/05/2019 & 23/05/2019, UGC-Human Resource Development Centre, Savitribai Phule Pune University, Pune.
9. Dr. Rajeev Choudhary of SOSPE delivered two lectures in Refresher Course on Yoga: Health, Fitness, Wellness & First Aid (ID) conducted by UGC, HRDC, Guru Ghasidas Vishwavidyalaya, Bilaspur on 15/06/2019.
10. Dr. Rajeev Choudhary of SOSPE delivered two lectures in 24<sup>th</sup> Orientation Course conducted by UGC, HRDC, Guru Ghasidas Vishwavidyalaya, Bilaspur on 29/06/2019.

## **Program/ Achievement -42**

### **Research Project**

In collaboration of All India Institute of Medical Sciences (AIIMS), Raipur, along with the faculty members of AIIMS, a Research Project entitled “**Assessment of percentage body fat using ultrasound techniques in adult Indian males**” is going on. Principal Investigator: Dr. Avinash S. Ingle , Additional Professor, Department of Cardiothoracic and Vascular Surgery, AIIMS, Raipur, Co-Investigators: Dr. Nitin Kashyap, Associate Professor, Department of Cardiothoracic and Vascular Surgery, AIIMS, Raipur; Dr. Rajeev Choudhary, Professor and Head, School of Studies in Physical Education, Pt. Ravishankar Shukla University, Raipur; and Dr. Soumitra Trivedi, Associate Professor, Department of Anatomy, AIIMS, Raipur.

## **Program/ Achievement -43**

### **Member of Standing Committee, UGC**

Dr. Rajeev Choudhary of SOSPE, acted as a member of Standing Committee, UGC, for curriculum formulation for academic programs in Physical Education and Sports, meeting held on 8th and 9<sup>th</sup> January, 2019 at UGC Head Office, New Delhi.



Meeting regarding curriculum formulation in Physical Education, UGC Head Office, New Delhi

## Program/ Achievement -44

### Citation

Dr. Rajeev Choudhary of SOSPE received “Citation” from Smt. Imtari Devi (Madhya Pradesh’s Women and Child Development, Cabinet Minister) and Sh. P. C. Verma (Secretary, Gwalior Trade Fair Authority) during “Dangal” (26/01/2019)



## Program/ Achievement -454

### Publications by Dr. Rajeev Choudhary (2018-19)

#### Research Papers

S. No.	Details of Paper
1.	Gond, R., Sisodia, A. S., Choudhary, R., Patel, R. K., & Singh, M. K. (2018). Establishment of regression models for the estimation of defense players' performance in volleyball on the basis of SAQ. <i>International Journal of Physical Education and Applied Exercise Sciences</i> , 4(2), 17-24.
2.	Chandra, J., Srivastava, A. K., & Choudhary, R. (2018). Celebrity endorsement and purchase intention of consumers toward sports apparel. <i>International Journal of Physical Education and Applied Exercise Sciences</i> , 4(2), 25-29.
3.	Patel, R. K., Choudhary, R., Singh, M. K., & Singh, S. (2018). Comparison of rhythmic ability among different playing positions in handball. <i>National Journal of Physical Education and Sports Science</i> , 4(2), 3-8.
4.	Chandra, J., Srivastava, A. K., & Choudhary, R. (2018). The role of social influence in purchasing sports apparel. <i>National Journal of Physical Education and Sports Science</i> , 4(2), 10-13.
5.	Choudhary, R., Dubey, A., & Baghel, D. (2018). Optimizing employee productivity through yoga practices: analyzing effectiveness. <i>National Journal of Physical Education and Sports Science</i> , 4(2), 20-26.
6.	Rai, P. K., & Choudhary, R. (2018). Estimating shooter's performance of basketball players on the basis of selected anthropometric characteristics. <i>National Journal of Physical Education and Sports Science</i> , 4(2), 32-36.
7.	Chandra, J., Srivastava, A. K., & Choudhary, R. (2019). Impact of celebrity endorsement on purchase intention of consumers towards sports apparel. <i>International Journal of Management, Technology and Engineering</i> , 9(3), 361-365.

#### Books

S. No.	Details of Book
1.	Singh, D., & Choudhary, R. (2019). <i>Characteristics of weight lifters</i> . Mauritius: LAP Lambert Academic Publishing.
2.	Patel, R. K., & Choudhary, R. (2019). <i>Coordination among handball players at different plying positions</i> . Mauritius: LAP Lambert Academic Publishing.