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Amrit Mahotsav



# **NATIONAL SEMINAR**

ON

**BIO-PSYCHO-SOCIAL ISSUES OF SPORTS WOMEN**

**NOVEMBER 14TH -15TH, 2022**

**ORGANIZED BY**

**CENTRE FOR WOMEN'S STUDIES**

**&**

**SCHOOL OF STUDIES IN PHYSICAL EDUCATION**

**PT.RAVISHANKAR SHUKLA UNIVERSITY, RAIPUR (C.G.)**

**SPONSORED BY**

**NATIONAL COMMISSION FOR WOMEN**

**VENUE: PT RAVISHANKAR SHUKLA UNIVERSITY, RAIPUR (C.G.)**

## ABOUT THE UNIVERSITY

Pt. Ravishankar Shukla University (PRSU) is one of the oldest and largest universities of Chhattisgarh accredited with A grade from NAAC. It was established in 1964 and named after Pt. Ravishankar Shukla, the first Chief Minister of erstwhile Madhya Pradesh. The university has a sprawling campus, spread over 300 acres with 27 School of Studies. It caters to the higher education needs of the youths of Chhattisgarh and adjoining states, namely Madhya Pradesh, Maharashtra, Orissa, Jharkhand, Andhra Pradesh and Telangana. The University plays a major role in the educational, cultural and economic life of the region.

## THE CWS CENTRE

Centre for Women's Studies came into existence in 2001 in Pt. Ravishankar Shukla University, Raipur and was recognized by UGC in 2011-12. The centre works to educate, train, sensitive and empower students and others state holders on issues related to gender. The CWS organizes conferences, lectures, workshops, awareness regarding health, legal issues, etc to equip women and with wide range of knowledge and skill.

The CWS runs two certificate courses, and it has been associated with UNESCO Chair on Community Based Participatory Research (CBPR) and has established a hub on K4C (Knowledge for Change). It also has a network with institutions and agencies working for women.

## THE SCHOOL OF STUDIES IN PHYSICAL EDUCATION

School of Studies in Physical Education was established in the year 1972. The Physical Education program is among the best in the Chhattisgarh in preparing teachers for school education and higher education settings, and also prepares skilled personnel for promoting quality physical activity opportunities for all. The programs in Physical Education not only prepares teachers but also give

the opportunity to serve in the allied areas related with health and fitness. The teacher education curriculum is nationally recognized and accredited by the National Council of Teacher's Education (NCTE).

## NATIONAL COMMISSION FOR WOMEN

The National Commission for Women was set up as statutory body in January 1992 under the National Commission for Women Act, 1990 (Act No. 20 of 1990 of Govt. of India) to:

- Review The Constitutional And Legal Safeguards For Women ;
- Recommend Remedial Legislative Measures;
- Facilitate Redressal Of Grievances; and
- Advise The Government On All Policy Matters Affecting Women

In keeping with its mandate, the Commission initiated various steps to improve the status of women and worked for their economic empowerment during the year under report. The Commission completed its visits to all the States / UTs except Lakshdweep and prepared Gender Profiles to assess the status of women and their empowerment. It received a large number of complaints and acted suo-moto in several cases to provide speedy justice. It took up the issue of child marriage, sponsored legal awareness programmes, Parivarik Mahila Lok Adalats and reviewed laws such as Dowry Prohibition Act, 1961, PNDT Act 1994, Indian Penal Code 1860 and the National Commission for Women Act, 1990 to make them more stringent and effective. It organized workshops / consultations, constituted expert committees on economic empowerment of women, conducted workshops / seminars for gender awareness and took up publicity campaign against female foeticide, violence against women etc. in order to generate awareness in the society against these social evils.

## THE SEMINAR

The sports women in India as well as across the globe are accorded special status and are pride for society & nation. Sports has power to change lives, women taking part in sports show better life qualities. Sports women have performed and shown their efficiency in all aspects of life, being in top management positions in apex sports bodies, and educational institutions despite of all achievement they face numerous bio-psycho-social issues. Though society is working towards becoming more sports inclusive for women. Discrimination in sports continues, one should strive to thoroughly investigate all the area and issues so that sports can be more inclusive for women. Encouraging women to pursue careers as players, coaches, and trainers, can push sports towards more gender equality.

The seminar will help to raise bio-psycho-social issues of sports women and empower them by thoughtful deliberations of the experts of the field..

## OBJECTIVE OF THE SEMINAR

The objective of the seminar is to discuss the bio-psycho- social issues of sports women.

## SUB THEMES

- 1. BIOLOGICAL (PHYSIOLOGICAL) PROBLEM OF WOMEN IN SPORTS**  
–Female Athlete's Triad, Pre Menstrual Syndrome, Pregnancy etc
- 2. PSYCHOLOGICAL PROBLEMS AMONG SPORTS WOMEN:**  
Psychological, Health & Stress.
- 3. SOCIAL ISSUES : - Gender Discrimination, Sexual Harassment, & Social Support.**
- 4. BENEFITS OF PARTICIPATION IN SPORTS : Social, Mental, Social& Psychological.**

- 5. PROMOTING GENDER EQUALITY IN /THROUGH SPORTS : Making Gender Equality A Reality in and Through Sports & Increasing Participation of Women in Sport.**

## TARGET GROUPS OF THE SEMINAR:

Students & research scholars in physical education.  
Physical education Teachers. All sports professionals & Sports officer.

## REGISTRATION FEE

There is no registration fee for the participants.

## SELECTION

The total number of participants is limited to 200 and preference will be on first-come basis. The selected participants shall be intimated via email.

## HOW TO APPLY

The registration form can be filled only through Google form in the link below. Interested participants are requested to send the registration form.

**Link for Registration –**

[https://docs.google.com/forms/d/e/1FAIpQLSfXkM3i-8g2SGzNaHh4iIHR59\\_uTJIYXyIS6Kh6KikKgCQ69A/viewform?vc=0&c=0&w=1&flr=0](https://docs.google.com/forms/d/e/1FAIpQLSfXkM3i-8g2SGzNaHh4iIHR59_uTJIYXyIS6Kh6KikKgCQ69A/viewform?vc=0&c=0&w=1&flr=0)

**The last date for registration and confirmation by participant 30<sup>th</sup> October, 2022.**

**Contact for Registration –**

**Mobile No. 9425515951, 7389833576, 8319588314.**

**Email : cwsprsu1@gmail.com**



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ON

## BIO-PSYCHO-SOCIAL ISSUES OF SPORTS WOMEN

NOVEMBER 14<sup>TH</sup> - 15<sup>TH</sup>, 2022

### REGISTRATION FORM

Name : .....

Designation : .....

Name of College/ Organization : .....

Gender : .....

Address : .....

Mobile No : ..... Fax .....

Email ID : .....

Accommodation Requirement : Yes No

Signature of the Applicant

#### ORGANIZING COMMITTEE

**Prof. Reeta Venugopal**

Director,

Centre for Women's Studies, Pt. Ravishankar Shukla University, Raipur, Chhattisgarh

**Prof. Priyamvada Shrivastava**

Associate Director, Centre for Women's Studies, Pt. Ravishankar Shukla University, Raipur

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