

## Norms For B.P.Ed. /M.P.Ed. Entrance 2025-2026

FITNESS TEST				SPORTS PARTICIPATION (Max Marks - 20)		
Cooper's 12 min run/walk Test (Max Marks 20)				S.N.	Level of Participation	Marks
Male		Female		1	School state in 1 game (Central & State Govt.)	3
Distance (in meter)	Mark	Distance (in meter)	Mark	2	School state 2 games or more (Central & State Govt.)	4
1300 - 1399	1	1100 - 1199	1	3	School state 1 <sup>st</sup> /2 <sup>nd</sup> place holder	5
1400 - 1499	2	1200 - 1299	2	4	Open state in 2 or more games (AIU Affiliated game)	6
1500 - 1599	3	1300 - 1399	3	5	School National/SGFI/Santosh trophy	7
1600 - 1699	4	1400 - 1499	4	6	Open National (not affiliated to AIU)	8
1700 - 1799	5	1500 - 1599	5	7	Inter college (Sector H.E.) in 1 game	9
1800 - 1899	6	1600 - 1699	6	8	Inter college (Sector H.E.) 1 <sup>st</sup> /2 <sup>nd</sup> /3 <sup>rd</sup> place holder	10
1900 - 1999	7	1700 - 1799	7	9	Inter college (Sector H.E.) in 2 or more games	11
2000 - 2099	8	1800 - 1899	8	10	Inter sector (State H.E.) in 1 game, International Participation (not affiliated to AIU)	12
2100 - 2199	9	1900 - 1999	9	11	Inter sector (State H.E.) 1 <sup>st</sup> /2 <sup>nd</sup> /3 <sup>rd</sup> place holder	13
2200 - 2299	10	2000 - 2099	10	12	Inter sector (State H.E.) in 2 or more games	14
2300 - 2399	11	2100 - 2199	11	13	Open national in 1 game (AIU Affiliated game, Organized by Federation/Association)	15
2400 - 2499	12	2200 - 2299	12	14	Inter University in 1 game, open National 2 or more games, Ranji & Vizzy Trophy	16
2500 - 2599	13	2300 - 2399	13	15	Inter University 2 or more games/Inter University Zonal level place holder	17
2600 - 2699	14	2400 - 2499	14	16	Inter University All India place holder (medal winner)/ Khelo India Participation	18
2700 - 2799	15	2500 - 2599	15	17	Inter National Participation (Olympic, Asian and Commonwealth Game)	19
2800 - 2899	16	2600 - 2699	16	18	Inter National (Medal Winner) (Olympic, Asian and Commonwealth Game)	20
2900 - 2999	17	2700 - 2799	17	OTHER ACHIEVEMENTS (Max Marks - 10)		
3000 - 3099	18	2800 - 2899	18	S.N.	Achievements	Marks
3100 - 3199	19	2900 - 2999	19	1	NCC/NSS Camp	1
3200m and above				2	Sports/ Tournament organization experience (School/college/District)	2
				3	Sports/ Tournament organization experience (State/National/ University/International)	3
				4	NCC 'A'/ NSS 'A' Certificate)	4
				5	NCC 'B'/NSS 'B' Certificate/	5
				6	NIS 6 Weeks Course	6
				7	NCC 'C'/ NSS 'C' Certificate	7
				8	NIS 6 Weeks Course in 2 games	8
				9	NIS 6 Weeks Course in 3 games	9
				10	NIS Diploma (1.Year)	10